

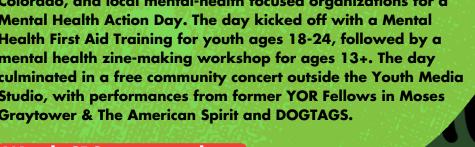
Youth on Record **Stories and Highlights** Spring 2025



YOR's Mental Health Action Day

On May 15th, Youth on Record partnered with MTV, CBS Colorado, and local mental-health focused organizations for a Mental Health Action Day. The day kicked off with a Mental Health First Aid Training for youth ages 18-24, followed by a mental health zine-making workshop for ages 13+. The day culminated in a free community concert outside the Youth Media Studio, with performances from former YOR Fellows in Moses **Graytower & The American Spirit and DOGTAGS.**

Watch CBS coverage here



YOR Leadership on City Cast Denver

"It seems the Executive Branch of the US government has said 'This is what the arts priorities are in America.' And we have to ask ourselves and go back to our principles of 'nothing about us without us'. We don't make arts priorities without arts leaders at the table."

> Jami Duffy, Youth on Record Executive Director & UMS Co-Manager

> > <u>Listen to the episode!</u>



A recent Academic Success highlight was **YOR** students at Aurora West performing at their school's graduation in May!

Watch their performance

Did you know? Our Youth Media Studio Instagram account now features behind-the-scenes videos created by YOR youth!

Check it out!



Check out photos & videos of our most recent Open Mics!

April Open Mic

May Open Mic

June Open Mic



YOR Fellowship Alumni brookLYNN and **DJ Danac performed** at the Mayor's **Future Fest in** April 🚀

Media Arts Showcase

The Spring Podcast Production Internship wrapped up with a showcase, sharing personal narratives and audio features written, recorded, and produced by the Spring Interns.

The Interns also led guests in a podcast warm up!

Check it out

Youth on Rewind

"Why do I always feel so guilty? The cycle of self-criticism is exhausting and it's isolating. But I'm starting to recognize that perhaps these feelings don't define me... I'm learning to embrace my imperfections."

<u>Listen to Youth on Rewind episode "Worries"</u>